



**CP-NET**  
Childhood Cerebral Palsy  
Discovery Network



## Growing up with CP: Mental health & Well-being

*A free webinar presented by CP-NET*

**Friday, April 21st, 2017**  
**11:30 am-12:30 pm EST**

**Presented by:**

Jessica Geboers, *Journalist & CP-NET Community Advisor*

Georgia Beauchemin, *Student & CP-NET Community Advisor*

Jan Willem Gorter, *Director of CanChild & CP-NET Executive Committee Member*

While challenges with body movement is the key feature of Cerebral Palsy, it is important to recognize that the experience of living with CP goes well beyond these physical, visible, effects. Teens and young adults with CP and other disabilities are more likely than their peers without disabilities to develop mental health conditions, such as depression and anxiety.

CP-NET is excited to present “Growing up with CP: Mental Health & Well-being,” a webinar initiated and led by young adults for young adults. Highlighting both lived experience and recent research from the CP-NET MyStory project, this webinar will explore the intersection of mental health and CP, and discuss how we can better support young people in developing positive outcomes in mental health and well-being.

In addition to young people with CP, this webinar will also be informative for parents and health professionals. Please share with family, friends & colleagues!

**Spots are limited. Register today!**

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